



FOR THE FACE...

SPA FIND FACIALS

Spa Find offers non-comedogenic, skin-friendly formulas, blending natural de-ionised water with pure Dead Sea minerals and organic plant extracts, to create a range of truly pure skin-care products for their customised facials.

FIND...RENEWED RADIANCE 55 mins €80

Nourishing mud facial for dehydrated skin, helping to gently renew and revive skin, thus reducing fine lines and signs of ageing.

FIND...BALANCED BEAUTY 55 mins €80

Hydrating mud facial for normal skin. A naturally rebalancing facial to deep-cleanse and brighten normal and combination skins, eliminating impurities and smoothing surface imperfections.

FIND...PERFECT PURITY 55 mins €80

Skin-clearing mud facial for problem skin. This purifying facial helps to remineralise, soothe and rebalance acne-prone skin whilst deeply relaxing the mind, leaving you feeling confident and refreshed.

FIND...YOUTHFUL YOU 75 mins €90

Anti-ageing algimud facial. This revolutionary treatment combines Dead Sea mud and seaweed to reduce fine lines and wrinkles producing instant firming results.

FIND...EXQUISITE EYES 40 mins €60

An anti-ageing eye treatment to reduce fine lines and wrinkles whilst encouraging cell regeneration and deeply relaxing you.

FOR MEN

FIND...SPA FACIAL FOR MEN 55 mins €80

A deep cleanse and skin polish, followed by a relaxing shoulder, neck massage and a purifying mud mask.

TINT & SHAPE

Eye Lash Tint	€15
Eye Brow Tint	€10
Eye Brow Shape	€15

MAKE-UP

Bridal make-up, including trial	€70
Make-up application/lesson	€45



FOR THE HANDS & FEET...

FOOT AND LEG SPA 25 mins €45

The feet are soaked in a warm, soothing Sage foot bath followed by a rhythmical foot and leg relaxation massage using Dr. Hauschka's rosemary leg toner and foot balm. Excellent for tired, swollen feet. Walk on air.

REFLEXOLOGY 40 mins €65

Therapeutic foot massage of precise reflex points corresponding to different parts of the body triggering the return of equilibrium.

LUXURY FOOT TREATMENT 55 mins €65

The feet are exfoliated, pedicured and oils are applied to the cuticles and feet followed by a relaxing massage. Heated booties allow the oils and creams deeper absorption.

LUXURY HAND TREATMENT 45 mins €55

The hands are exfoliated and manicured. Oils and creams are applied to the cuticles and the hands followed by a relaxing massage. Heated mittens allow the oils and creams deeper absorption.

HANDS		FEET	
Manicure	€45	Pedicure	€50
/with French Polish	€55	/with French Polish	€60
/with Paraffin		/with Paraffin	
Wax Treatment	€60	Wax Treatment	€70
Nail file, buff and polish	€25	Nail file, buff and polish	€25

WAXING

Half Leg	€30	Arms	€25
Full Leg	€40	Lip	€10
Bikini	€15	Chin	€10
Underarms	€15		

- All treatments are subject to availability.
- Please advise of any medical conditions at time of booking.
- Credit Card details are required at time of booking to guarantee your appointment.
- 48 hours cancellation notice is required for Spa Treatments.
- 72 hours cancellation notice is required for Spa Mini Days and Spa Days.
- 7 days cancellation notice is required for groups of 5 or more.
- Full price will be charged where required cancellation notice is not given and for no shows..
- Please arrive promptly for your appointment, otherwise treatment times may be shortened and full list price charged.
- Please respect the tranquil environment of the Spa and ensure that mobile phones are switched off.
- Coolbawn Quay is not responsible for the loss of any personal belongings from the Spa or Beauty Rooms.
- Gratuities are left to the Client's discretion.
- We reserve the right to alter our prices without prior notice.
- Please refer to Terms and Conditions and Spa Etiquette on our website.

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COOLBAWN QUAY

LAKESHORE SPA



BODY AND SKIN THERAPIES

Welcome to the Lakeshore Spa

at Coolbawn Quay.

Escape and indulge in blissful

treatments and therapies

under the caring hands of

our Therapists. Through the

sense of touch discover the

beauty that lies within you.



FOR THE BODY...

WRAPS

ALGAE SEAWEED BODY WRAP 55 mins €80

The healing properties of marine algae and sea plants work together to create a purifying body treatment that encourages the release of toxins and stimulates the body.

FIND...INFINITE INDULGENCE 75 mins €85

Hydrating Mud Envelopment

A deeply relaxing Dead Sea mud treatment to nourish, soothe and purify the skin. Begins with a full body exfoliation and ends with application of mineralised creams. Excellent for dry skin conditions

FIND...MARINE MIRACLE 45 mins €65

Algimud Body Contouring Treatment

An intensive seaweed and Dead Sea mud treatment with lymphatic drainage massage, designed to firm and tone specific problem areas and eliminate cellulite.

FIND...BODY BLISS 85 mins €95

A Relaxing and Firming Total Body Experience

A combination of heated Dead Sea mud and cooling seaweed masks is applied to firm and tone problem areas, whilst relaxing and relieving muscle tension. Includes full body brushing.

BODY TREATMENTS

FIND...HEAVENLY HYDRATION 25 mins €45

Full Body Salt Brushing Exfoliation

A pure Spa exfoliation treatment using Dead Sea salts combined with the rich effects of Vitamin E and Coconut Oil to nourish and invigorate.

BACK TREATMENT 45 mins €60

The skin is deep cleansed, followed by exfoliation, a soothing massage and a purifying mask.

GUINOT TAN AND GO 55 mins €70

The skin is prepared for application of the tinted cream which develops over a three-hour period, resulting in a natural golden glow.



FOR THE BODY...

MASSAGE

A sense of touch to bring harmony and peace to both mind and body.

THERAPEUTIC MASSAGE 55 mins €75

A classic full body massage with chosen oils...lemon to revitalise, lavender to calm, birch arnica to refresh.

WELLBEING BACK MASSAGE 25 mins €50

This treatment focuses on the back and shoulders to relieve tension and soothe aching muscles. Encourages relaxation and calm.

STRESSBUSTER 75 mins €85

A deep tissue full body massage targeting areas of muscle tension and stress that build up in our body over time. Includes scalp, face and shoulders.

SWEDISH MASSAGE 55 mins €75

A massage to improve circulation, muscle tone and joint flexibility. Increases oxygen flow and releases toxins.

HOT STONE THERAPY 75 mins €90

Various massage techniques and warm basalt stones relax the body at its deepest level creating a harmonious energy flow.

SCALP, FACE & SHOULDER MASSAGE 40 mins €65

Oils are massaged onto the décolleté and shoulder area working up through to the neck, onto the face. The tips of the fingers massage the scalp and brush lightly through the hair. Blissful.

MUMS TO BE 55 mins €75

Nourishing, mineralised creams are rhythmically massaged onto the legs, feet and arms, followed by a shoulder, scalp and face massage, ending with a lower back rub.

FIND...COMFORT 105 mins €125

A Hawaiian Massage Spa Journey.

Find immediate comfort from this relaxing deep-tissue body massage using Lomi Lomi techniques with the forearms, elbows and hands. Begins with full body exfoliation and includes warm mud foot envelopment.

FIND...TRANQUILITY 105 mins €125

A Japanese Massage Spa Journey

Find total tranquillity from this deep-tissue body massage which uses Shiatsu pressure point massage to ease away muscle aches and pains. Begins with full body exfoliation and includes warm mud foot envelopment.

FIND...CLARITY 40 mins €60

An Indian Head Massage Spa Journey

Find clarity of mind and refreshed motivation from this spa massage combining Indian Head Massage with warm mud foot envelopment.



FOR THE FACE...

DR. HAUSCHKA FACE

Only pure botanical herbs, flowers and essences are used in this holistic skin care range. Relax, surrender and experience the luxury of nature's treasures transformed for you.

60 MINUTES OF HEAVEN 60 mins €80

Warm herbal compresses, herbal clay and rejuvenating masks induce a deep calm to the skin allowing it to breathe. Specialised lymph stimulation, rhythmical décolleté massage and potentised conditioning essences leave the skin healthy and glowing.

TRANSCEND THE ORDINARY 115 mins €130

The ultimate facial journey. Beginning with a soothing sage footbath, rhythmical foot massage, arm relaxation...feel the tension flow and go. Then to the face...loosening the neck, followed by warm, herbal compresses, cleansing mask and brush lymph stimulation. Rhythmised Rose or Blackthorn décolleté massage, resulting in a glowing and radiant you. Heaven can wait.

GUINOT FACE

Guinot draws from nature's medicinal plants with healing properties to create the plant concentrates and essential oils that make the skin more beautiful and radiant in their luxurious facial treatments.

HYDRADERMIE 85 mins €95

The most advanced facial for deep cleansing, hydrating and revitalising the skin. Delivers outstanding results and restores the skin's natural beauty. The treatment is customised to your skin's individual needs.

HYDRA PLUS 105 mins €125

The hydradermie facial with an added anti-age eye, neck and décolleté treatment.

ESSENTIAL FACIAL 40 mins €60

The express facial with precious essential oils, gentle exfoliation, massage and a delightful plant based mask. Leaves the skin looking luminous.